NAJ NAÁY spa

NAJ NAAY Spa gives you the most pleasant welcome and invites you to pamper, relax and rejuvenate yourself.

Our healing hydrotherapy, featuring sauna, steam room, hot and cold pools, and a Scottish shower, is the perfect way to prepare you for a treatment. It is also available as a standalone experience.

We offer a 15% discount on all treatments, with complimentary hydrotherapy access included for hotel guests.

PACKAGES

DEEP RELAXATION JOURNEY

A renewing 45-minutes experience designed to release accumulated tension and restore inner balance. This treatment combines a targeted massage for the back, neck, and shoulders with a refreshing foot wrap that revitalizes both body and mind. A mindful pause to let go of stress and return to a state of harmony and lightness. ⏳ **45 minutes**

ROMANCE & RENEWAL

A unique experience designed to be shared as a couple, celebrating connection and presence. Enjoy a wellness ritual in our private couples' cabin, created to disconnect from the outside world and immerse yourselves in relaxation and harmony. Includes two 75-minutes holistic massages, a 15-minutes facial per person, romantic décor with candles and petals, chocolate-covered strawberries, and sparkling wine. **90 minutes** ⏳

SACRED CLAY RITUAL

An ancestral ritual inspired by Maya wisdom and the healing power of the earth. It begins with an auric field cleansing using copal and sacred smoke, followed by a relaxing full-body massage using Maya clay, a natural cosmetic known for its purifying and regenerative properties, applied through a deeply nurturing bodywork. It brings body and spirit into harmony, leaving the skin nourished, radiant and renewed. ⏳ **90 minutes**

FLOW OF AWARENESS

A profound 90-minutes ritual designed for those seeking reconnection and inner awareness. Shirodhara involves a continuous flow of warm oil, gently poured onto the center of the forehead (third eye) selected according to your Dosha (ayurvedic energy that influences body and mind), which you will discover through a personalized consultation. This experience includes guided breathing, meditation, activation of facial energy points, a firming facial massage, and gentle movements on the neck and scalp. ⏳ **90 minutes**

ANCESTRAL RESONANCE

An 80-minutes healing ritual that honors ancestral traditions and the power of the natural elements. The experience combines a 15-minutes herbal energy cleansing, a 50-minutes relaxing massage to release physical tension, and a 15-minutes sound harmonization using pre-Hispanic instruments such as flute, rain sounds, and drums. Copal, aromatic herbs, and sound work together to purify the aura and invite mental clarity, physical well-being, and inner peace. ⏳ **80 minutes**

NAJ NAÁY
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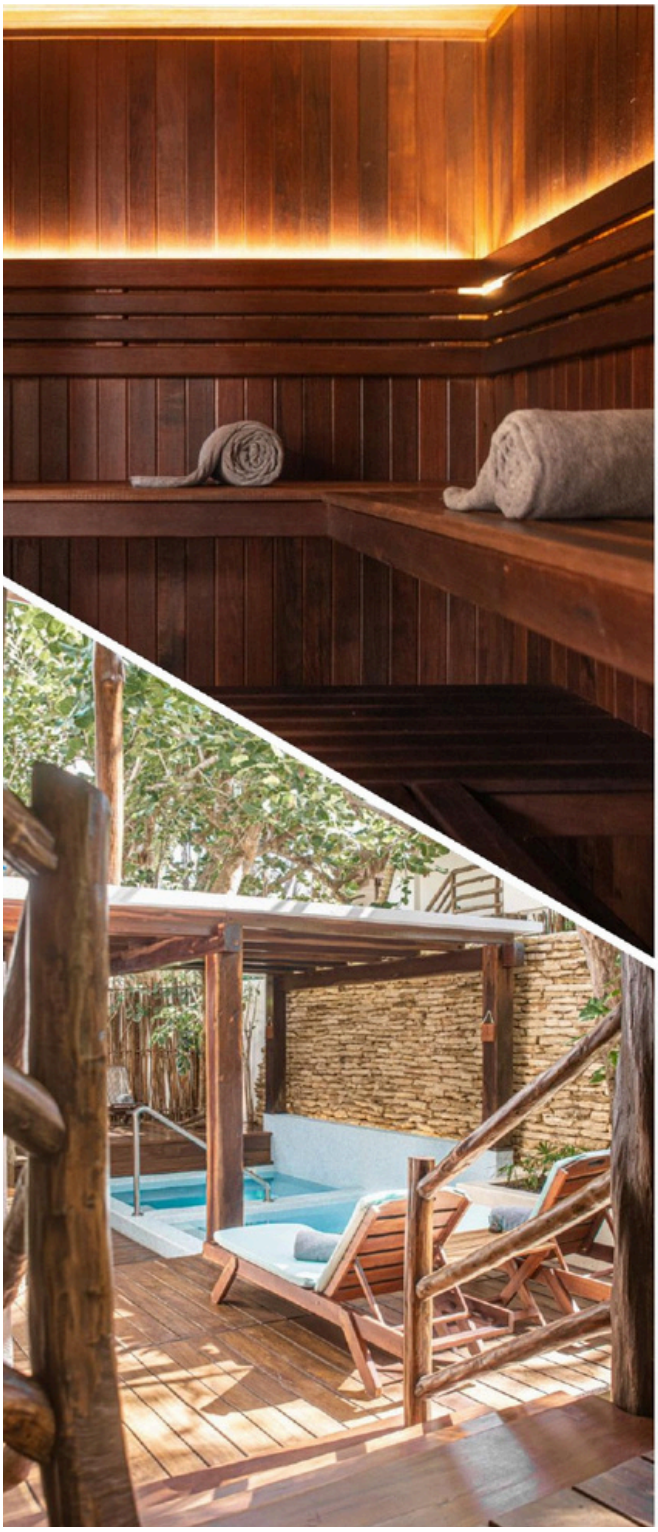

CANCELLATION POLICIES

All reservations can be canceled up to 48 hours before the scheduled appointment free of charge.

All cancellations made within 48 hours of the appointment will have a 50% cancellation fee.

Reservations canceled the day of the service will have a 100% charge.

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